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STARS

Bieber moves Gomez to tears

JUSTIN BIEBER'S HEARTWARMING speech at his girlfriend Selena Gomez's birthday dinner moved her to tears.

The 18-year-old took Gomez and some close friends for a lavish dinner at Il Cielo restaurant in Los Angeles last Sunday, and praised her publicly, reports femalefirst.co.uk.

"Justin made a speech which brought tears to Selena. It was basically about how wonderful and exceptional Selena is and everyone stood up and applauded. It was very sweet. Justin looked like he is just head over heels in love with Selena," said a source.

Bieber masterminded the entire evening and made sure his 20-year-old girlfriend was pampered very well.

"Justin made sure that everyone at Il Cielo treated Selena like a princess. He was really adorable about it. You could tell that her birthday dinner party meant a lot to him."

"There were rose petals on the tables, which was Justin's idea. He is quite the romantic. The party was held in the back room and was very intimate. There were about 30 guests," the source added. IANS



Murphy for 'smaller' films

CILLIAN MURPHY WANTS to star in "smaller films" shot closer to his home in London. The reason is his family life.

The 36-year-old is known for his portrayal of Jonathan Crane better known as Scarecrow in Christopher Nolan's *Batman* trilogy. He recently reprised his role in the latest movie *The Dark Knight Rises*, but he isn't keen on being in anymore big movies for a while, reports contactmusic.com.

"I have lots of friends that live in Los Angeles, and they love it. I just feel like I'm European, and I want to do theatre, and I want to do TV, and I want to do smaller films, and I love the big studio pictures, but I want to be near my family. It's just a priority," said Murphy.

He will be next seen in Rodrigo Cortes' thriller *Red Lights*. IANS

ALIGN YOUR LIFE

Wind and Water

The Chinese science of Feng Shui literally means wind and water. In ancient China, wind was associated with good harvest and pure water brought good health. In other words wind brought stability at home and water helped one to prosper. The exact origin of this science is unknown, but it surfaced in Chinese history around 6000 BC.

So much has been written and said about this science that the true essence is lost somewhere in translation. So my question is - does it work and how can you use it? Unlike what many would like to believe, feng shui is not about displaying dragons and frogs and turning your perfectly designed house into a mirror image of Dragon mall. It's all about finding stability and prosperity in your environment. Some of the guidelines are so simple, that it will amaze you. Inviting good energy in your home is as easy as ordering pizza from the local pizzeria down the road.

For starters remove all the junk from your home, as it will open you up emotionally. Look around your apartment and rearrange your furniture in such a way that it absorbs sunlight. Display fresh flowers regularly to bring in fresh energy into your life. Brighten up your living room by painting your walls with bright colours. Place a water fountain by the window or in an open area to create your



own oasis of calm. Redecorate your bedroom in calm and soothing colours to enhance your relationship. Avoid placing a television or a music system in the bedroom, as it will take away the focus from your relationship. Create balance in your children's room by adding bright and happy colours, as this will encourage them to be active and focused.

To implement feng shui you don't need a lot of money or expensive items. You can simply start by de-cluttering and rearranging. Open up your space and mind to maintain harmony and balance. Once you feel the benefits, you will never stop. It's exactly like learning to ride a bicycle; once you get the hang of it, you never forget it.

Shivani Adalja is an Abu Dhabi-based well-being expert. She runs the Alignment Institute which offers unique and effective solutions that focus on stress management and overall wellbeing



"Don't listen to people who say, 'You're taking too big a chance.' Michelangelo would have painted the Sistine floor, and it would surely be rubbed out by today."

(American playwright Neil Simon)



CELEBRITY ANAGRAM

Elle Macpherson
Her Men Collapse

JUST FOR LAUGHS

DAN GOT A FRANTIC call from his brother Billy. "I've got a problem," he said. "What's the matter?" asked Dan.

"Well, I bought this jigsaw puzzle, but it's too hard. None of the pieces fit together, and I can't find any edges."

"What's the picture of?"

"A big rooster."

"All right," Dan said. "I'll come over and take a look."

After arriving at his apartment, Billy led Dan into his kitchen and showed him the puzzle on the table.

"For goodness sake Billy," Dan exclaimed after he saw

it, "put the Corn Flakes back in the box!"



MOLE OF THE EMIRATES

Overheard from conversations around Dubai this week...

- > "Does anybody know a treasured foodway?"
- > "I've finally realised who you look like: Smurfette"
- > "Your present is coming to fruition nicely...this might just be my masterpiece"
- > "Harold the panda has a friend. I now own an inflatable zoo"