

Aura Alignment

A unique one-day Aura reading workshop to heighten self-awareness & intuition



Aura Alignment is a unique one-day workshop that is efficient and fun, helping a group of individuals become more confident, relaxed and self-aware. The workshop is a powerful method to learn about the universal knowledge of Aura and Chakra system and how to integrate the knowledge in everyday life. The main focus of the workshop is stress management and overall wellbeing

The knowledge of Aura Alignment is further enhanced by use of a biofeedback system that shows participants their live Aura and Chakras. This unique interactive system tracks the emotional, physical, mental and spiritual progress of all participants and gives them in depth knowledge of Aura colours and different frequencies

Learning outcomes:

- Stress management techniques
- Enhanced intuition
- Aura cleansing techniques
- Assessment of Aura for self and others
- Applying the knowledge in everyday life
- Balancing personal and professional life
- Better understanding of self and others

Workshop outline

- Interactive presentation format
- Introduction to Aura colours and Chakra system
- How to use the knowledge to your advantage
- Group and individual exercises to heighten intuition and self awareness
- Group discussions and feedback sessions

Material provided

- Individual Aura reading session through a biofeedback machine with 23 page report
- Comprehensive workbook
- Meditation audio CD

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Testimonials

"The candle exercise was awesome!"

Nassim

"Thank you very much Shivani for a lovely day. I want to practice more and learn to protect my aura"

Janar

"What stood out for me was the clarity of presentation. It was clear, precise and therefore easy to understand"

Seema

"Pretty good insight on the subject. The course offers tools to develop intuition and I will definitely use them to enhance it"

Rahma

Shivani Adalja is a well-known new age wellbeing consultant in the Middle East and Gulf region. She has done consulting work for world-renowned spas like Chivasom in Thailand. She regularly conducts Aura Alignment workshops in Australia, Thailand, Hong Kong, Belgium, China, Indonesia Oman and India. Shivani runs her Alignment Institute in Abu Dhabi, United Arab Emirates. She is renowned for her knowledge about Aura Alignment and Feng Shui Alignment. She is invited in MIND BODY & SPIRIT festivals across Europe and Australia to undertake private consultations and conduct Aura Alignment workshops. She regularly writes for many global publications and has been interviewed by international media

