

2013 HAS PASSED BY AND THE NEW YEAR IS JUST AROUND THE CORNER. END OF THE YEAR IS ALWAYS A GOOD TIME TO TAKE STOCK OF YOUR LIFE – WHAT GOALS WERE ACHIEVED AND WHAT WERE LEFT OUT, WHAT NEEDS TO CHANGE AND WHAT NEEDS TO GO. A NEW YEAR SHOULD ALWAYS BEGIN ON A POSITIVE NOTE AND IT'S THE PERFECT TIME TO IMPLEMENT FENG SHUI IN YOUR HOME.

To begin with, it's time to throw away all the clutter. Clutter can be emotional as well as physical. Start going through your clothes, shoes, books, DVDs and give away things which are not needed anymore. By doing so, you are also opening up space in your life for something new to come in. Begin emotional cleansing by learning meditation. Forgive those who have hurt you and disconnect yourself from painful relationships. It is time you moved on to green pastures.

Open up the areas at the entrance of your home. Clear up your living room. Place a fish aquarium or a water fountain to generate good energy. This energy will help you to attract good professional opportunities. If you have a beautiful view from your living room or dining room window, hang a mirror opposite the window to bring in the good energy from outside into your home. Paint your living room and the dining room in bright and vibrant colours to get rid of the stagnant energy and enhance family relationships. Display plants and play music regularly to help circulate good energy.

Now let's focus on your bedroom. Place the bed in your favourable direction based on your kua number. The bed should be away from the bedroom or toilet door. For a good night's sleep paint your bedroom in soothing colours such as blue, white or ivory. If your focus is to

improve your personal relationships in 2014, then it's time to move out the television from your bedroom. Television creates fire energy and disrupts sleep. It also tends to take the focus away from the relationship. So it is best to display the television in the living room. Display family photographs in your bedroom along with fresh flowers. Keep loud music and bright lights out of the bedroom to maintain the calm energy.

Last but not the least, keep your children's room clutter free and place the study desk in their favourable direction based on the kua number.

Wash the floor of your apartment or the villa with salt water to get rid of the stagnant and slow energy. Regularly light incense to invite good energy in your home.

So don't let your old way of life hold you back. Implement these simple Feng Shui tips in your home and see your life change for the better in 2014!



feng shui FOR 2014



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