

TREAT ON THE PERSONAL AURA ANALYSIS WEEK



What is it?

An aura is a vibration or energy field emitted by every living thing. Along with colours, a reader can detect positive and negative energy and also those of family members and friends. A reading can help you realise your talents, and identify root causes of relationship or emotional problems. It can also give you an insight into your future as well as release any negative energy blockages you may have. Shivani, who has worked with many Bollywood stars, was born with the ability to read auras – she sees the colours that surround living things, which is a good indicator of a person's disposition, health and spirituality.

What are the highlights?

Each session is personalised and in my reading Shivani saw pink bubbles surrounding me suggesting that I emit positive energy although she pointed out that my heart was surrounded by patches of grey which meant I was on my guard, and holding back and not 'letting go' when it comes to love. She also noticed from my chakras that I suffer from regular mild headaches and suggested Indian head massages and anti-stress techniques to alleviate the tension.

Who should do it?

Anyone who is about to make a career or relationship change might benefit. Also those who are interested in evolving spiritually will enjoy a reading.

How much is it?

Dhs650 per session. Once a month Shivani does free readings.

Where can I try it?

Contact Shivani Adalja who is based in Abu Dhabi on 050 681 1728 or email: shivani@pathwood.com.



Review by Sarah Bladen