

Feng shui or fate?

WITH REDUNDANCIES increasing and economic opportunities threatened in an uncertain market, reason and conventional logic sometimes don't seem good enough to answer all the questions.



"With the economic crisis now being felt here in the UAE, I'm constantly busy with requests to help improve financial and career opportunities," says Shivani Adaljia, a feng shui expert in Abu Dhabi.

"People are less sceptical than they used to be. And once they start seeing results, they often return for more guidance."

Shivani Adaljia lived and worked for 10 years in Hong Kong, enjoying a successful career with an airline and jet set lifestyle while studying feng shui as a hobby.

"One day I just decided I'd had enough," she shrugs, "so I quit my job. I moved to Abu Dhabi four years ago now. I'm much happier and I'm doing something I really care about – and something that helps others too."

To date, Shivani has worked on feng shui projects around the world, including the UAE, Thailand, Hong Kong, the UK, Belgium, New York, India and Singapore.

Feng shui is an ancient Chinese practice of studying the natural currents of the earth and ensuring the proper alignment with them to help restore

a more positive balance. "It's about adjusting your environment to make it work better for you," says Shivani. "Think of it like air con in an office. Turn it on full blast and you'll be cold and less likely to work longer and in a positive manner. Adjust it to a temperature that suits you and you'll work better and more comfortably."

Shivani has been able to see auras and feel energies since a young age and after helping many of her friends to a positive effect, she turned her talents into helping others as a full time profession.

"A lot of people still have a lot of misconceptions about feng shui and what I do. They think feng shui is all about placing a laughing Buddha in your room to bring good luck and money, but it's nothing like that at all," Shivani explains. "I simply offer guidance through my feng shui techniques. Feng shui helps them balance energies in their environment."

"Feng shui is actually very logical; I do individual consultations to calculate and balance a person's energies and aura. I incorporate the same things when someone is designing a new home or building a business."

Over recent years Shivani has helped individual businesses and families, as well as her role as a consultant at the Al Amry Group. She also works with interior designers for advising on classic feng shui application.

"I'm constantly busy," smiles Shivani. "I regularly do consultations for new

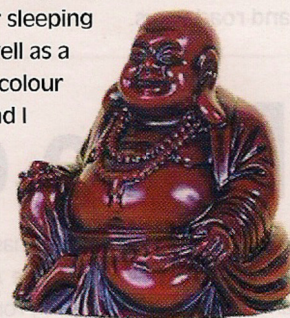


Shivani Adaljia

properties being built in Abu Dhabi, for instance. This involves three or four visits to the site and analysing the floor plan for the building. Using feng shui calculations and a compass I can then work out how best to implement feng shui," she explains. "It's an intuitive method, combined with detailed calculations for simply improving a person's lifestyle by adapting and adjusting certain energies," she adds. "I love what I do – and despite some people's uncertainty, I know that I can help make a positive difference."

And does it work? Well, according to Shivani and some of her clients, it really does. "I recently implemented feng shui in a villa of a sheikh whose wife was suffering from serious health problems," says Shivani. "After seeing the layout of the house I suggested changes in her sleeping direction, as well as a change in the colour of the walls and I added water features in the house."

"Now she's on her way to fully recovering and her overall health has changed dramatically. They're much happier now, and for them, feng shui has certainly worked." ■



Charlie Kennedy

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For more information about feng shui or to book a consultation with Shivani, call 050 681 1728, email shavani@pathwood.com or visit